



Shelton Blog: Shelton Washington's Independent Media Source

Home	Reference Documents	Local Events	About	TOS	Current Air Quality
------	---------------------	--------------	-------	-----	---------------------

CONTACT US TO BECOME AN AUTHOR OF THIS BLOG

Sheltonprogressive@gmail.com

26

Like



FOLLOWERS

Follow

with Google Friend Connect

Followers (12)



Already a member? [Sign in](#)

BLOG ARCHIVE

▼ 2010 (175)

▼ December (18)

Good News! Rockefeller gave up.

The rich eat us - This is Shelton

Risk of COPD from exposure to biomass smoke - Chi...

Skokomish Watershed Action Team Meeting Friday, ti...

ADAGE Irrevocable option to lease reconsideration

Pictures of Endangered Animals at the Port of Shel...

MONDAY, DECEMBER 20, 2010

Good News! Rockefeller gave up.

Posted by Fred



It is now full-speed ahead for federal climate regulations set to take effect on Jan. 2

<http://www.nytimes.com/cwire/2010/12/20/20climatewire-last-potential-barrier-to-implementation-of-44939.html>

"West Virginia Sen. Jay Rockefeller (D) said he is postponing his push for a vote on his bill to enact a two-year timeout on U.S. EPA's ability to regulate greenhouse gases due to lack of bipartisan support."

0 comments

SUNDAY, DECEMBER 19, 2010

The rich eat us - This is Shelton

Posted by Fred

Another slideshow presentation for your horror and amusement. Simpson, Duke Energy (ADAGE) and The Evergreen State college all want to install highly polluting biomass incinerators near our home.

Incinerator Smoke and Steam by
Clinton Ferrara

Exercises in Absurd
Accusations....ripe for parody...

ADAGE option to lease
reconsideration hearing

Cheeka Peak Index Goes into the
Purple after the O...

Tom Davis letter to NPR Seattle
Producer

Port of Shelton meeting December
7th

EPA Seeks New Timetable for
Reducing Pollution fro...

Simpson Incinerator Blasting and
the Air is Foul

Ohio Plan to use Wood Waste to
Energy Plants Cance...

Bad air again

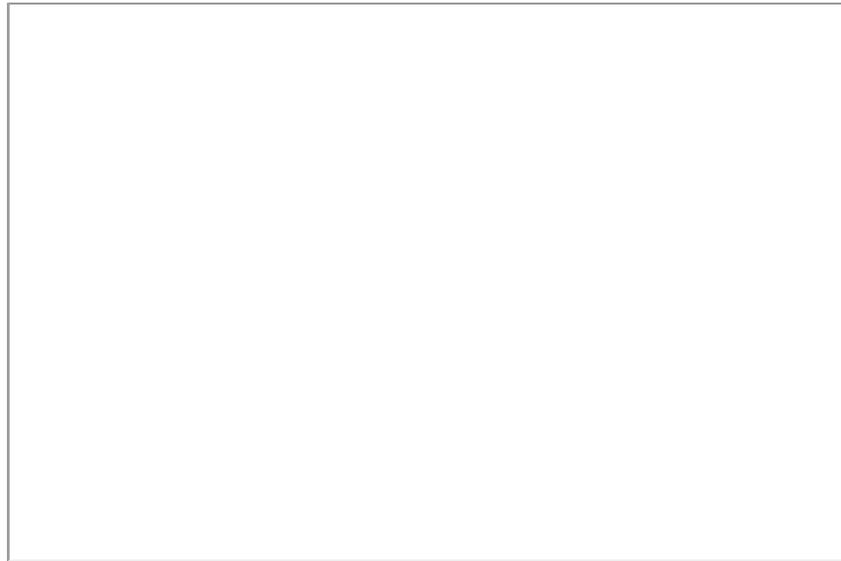
2010 Dec. 1: WA Port Townsend:
Mill cogen project ...

McNeil Biomass Incinerator Photos
from the Ground,...

- ▶ November (52)
- ▶ October (48)
- ▶ September (42)
- ▶ August (6)
- ▶ July (9)

RECOMMENDED SITES

- Port Townsend Air Watchers
- Incinerator Free Mason County
- Current Shelton Air Quality
- Bennington Biomass Plant
- No to the Lieth Biomass Plant
- No BioMass Burn
- Democracy Now!
- The Monthly Review



26

Like

4 comments

Risk of COPD from exposure to biomass smoke - Chinese study

Posted by Citizen



Biomass smoke causes COPD

Chest. 2010 Jul;138(1):20-31.

Risk of COPD from exposure to biomass smoke: a metaanalysis.

Hu G, Zhou Y, Tian J, Yao W, Li J, Li B, Ran P.

Guangzhou Institute of Respiratory Diseases, State Key Laboratory of Respiratory Diseases, The First Affiliated Hospital, Guangzhou Medical University, 151 Yanjiang Rd, Guangzhou, Guangdong, 510120, China.

BACKGROUND: Although many studies have suggested that biomass smoke is a risk factor for COPD, the relationship between the two has not been firmly established. In particular, the extent of the association between exposure of biomass smoke and COPD in different populations, as well as the relationship between biomass smoke and cigarette smoke, is not clear. To ascertain the relationship between biomass smoke and COPD, we performed a metaanalysis.

METHODS: We searched MEDLINE, EMBASE, and the Latin American and Caribbean Literature in Health Sciences Database and analyzed 15 epidemiologic (11 cross-sectional and four case-control) studies that met our criteria. Data were extracted and analyzed independently by two investigators using a standardized protocol.



All rights are reserved on ALL materials on this blog.

RECENT COMMENTS

RESULTS: Overall, people exposed to biomass smoke have an odds ratio (OR) of **2.44** (95% CI, 1.9-3.33) for developing COPD, relative to those not exposed to biomass smoke. Biomass smoke exposure was clearly identified as a risk factor for developing COPD in both women (OR, **2.73**; 95% CI, 2.28-3.28) and men (OR, **4.30**; 95% CI, 1.85-10.01), and in both the Asian population (OR, **2.31**; 95% CI, 1.41-3.78) and the non-Asian population (OR, **2.56**; 95% CI, 1.71-3.83). This risk factor has also been revealed in patients with chronic bronchitis (OR, **2.56**; 95% CI, 1.77-3.70) and COPD (OR, **2.65**; 95% CI, 1.75-4.03), and in cigarette smokers (OR, **4.39**; 95% CI, 1.40-4.66) and non-cigarette smokers (OR, **2.55**; 95% CI, 2.06-3.15).

CONCLUSIONS: Exposure to biomass smoke is a risk factor for COPD.

What is COPD?

COPD, or chronic obstructive pulmonary (PULL-mun-ary) disease, is a progressive disease that makes it hard to breathe. "Progressive" means the disease gets worse over time.

26

Like

0 comments

THURSDAY, DECEMBER 16, 2010

Skokomish Watershed Action Team Meeting Friday, timber sales in the watershed by the Olympic National Forest.

Posted by Fred



When:

This Friday

Where:

Skokomish Grange Hall

Time: 9:00 AM to 3:00 PM.

The agenda includes an update on road and trail projects located on the Olympic National Forest in the upper Skokomish Valley; North Fork Skokomish/Cushman activities by Tacoma Power; Skokomish River estuary work by the Skokomish Indian Tribe and Mason Conservation District; and **stewardship timber sales in the watershed by the Olympic National Forest.**

Lunch will be provided for \$5.00

0 comments

TUESDAY, DECEMBER 14, 2010

ADAGE Irrevocable option to lease reconsideration

Posted by Bomb Diggity

We will have better luck in the new year. Happy Holydays to all of my air breathing friends.

[Katherine wrote...](#)

Powerful; wonderful! Thank you.

[Tom Davis wrote...](#)

I don't find your photos the least bit "insulting". They are, however, provocative,...

[Continue >>](#)

[Fred wrote...](#)

I'm sorry if you're offended by the sight of poor people living in downtown Shelton. Over...

[Continue >>](#)

[Ann wrote...](#)

Your pictures of "Sheltonians", "real Sheltonians", "shelton...

[Continue >>](#)

[Anonymous wrote...](#)

It is outdoor air quality that is the problem in Shelton.

[North Jersey Air Systems wrote...](#)

The air is polluted and there are so many reasons one being that the electronics like the air...

[Continue >>](#)

[Anonymous wrote...](#)

Clampirate can be very photogenic. The first picture I posted of him, a few months ago was not...

[Continue >>](#)

[Katherine wrote...](#)

Lovely! Especially that photogenic clampirate...

[Tom Davis wrote...](#)

The first photo is of a Huppy. Very unusual to see one out in the daylight. These illusive animals...

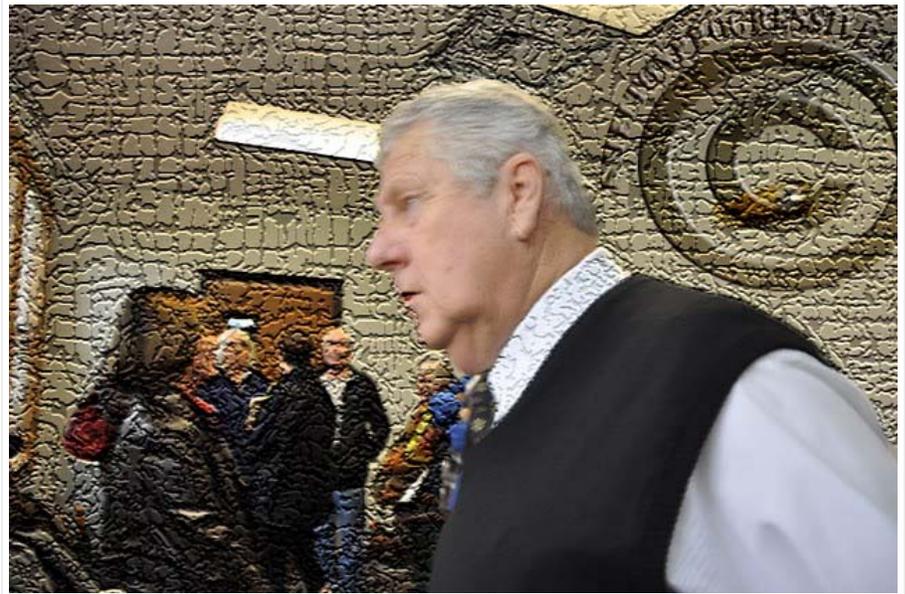
[Continue >>](#)

[Gary wrote...](#)

A marmot?

CONTRIBUTORS

- pfeifferock
- Clint
- Fred
- Katherine Price
- Bomb Diggity
- Clear Cut
- Shelton Blogger
- Duff Badgley
- Citizen
- HealthyMamma
- Deane
- Inquiring Mind
- paula
- Connie
- Winston Elvet



- [Live Traffic Feed](#)



This could be you!
 Shelton, Washington [Add your face & link!](#)
 A visitor from Shelton, Washington viewed "[Shelton Blog](#)" 0 secs ago
 A visitor from Shelton, Washington viewed "[Shelton Blog](#)" 48 mins ago
 A visitor from Philadelphia, Pennsylvania viewed "[Shelton Blog: Ohio Plan to use Wood Waste to Energy Plants Cancelled](#)" 1 hour 31 mins ago
 A visitor from Olympia, Washington viewed "[Shelton Blog](#)" 1 hour 34 mins ago
 A visitor from Farmington, Minnesota viewed "[Shelton Blog: Simpson aka Solomon has Awarded a Construction Contract for a Biomess Incinerator](#)" 1 hour 56 mins ago
 A visitor from Shelton, Washington viewed "[Shelton Blog](#)" 2 hours 8 mins ago
 A visitor from Olympia, Washington viewed "[Shelton Blog: Jerry Lingle and the mystery of 'Jay Huff'](#)" 5 hours 45 mins ago
 A visitor from Shelton, Washington viewed "[Shelton Blog](#)" 6 hours 20 mins ago



3 comments

MONDAY, DECEMBER 13, 2010

Pictures of Endangered Animals at the Port of Shelton?

Posted by Fred



We are not quite sure what this creature was, but to the delight of my children, it tried to follow us home.



2 comments 

Incinerator Smoke and Steam by Clinton Ferrara

Posted by Fred



Incinerator Smoke and Steam, by Clinton Ferrara

2 comments 

SATURDAY, DECEMBER 11, 2010

Exercises in Absurd Accusations....ripe for parody.

Posted by Clear Cut



Olympia anti-biomass activists recently organized a protest at the ORCAA offices in conjunction with the global warming conference in Cancun, Mexico. It was a typical dreary late fall - early winter day and it is estimated about ten people attended.

Unfortunately, it is thought that the night before someone thoughtlessly vandalized the ORCAA offices, gluing the doors closed and throwing a brick through a window. This was reported in the Olympian and more recently, in the Shelton Mason County Journal. Apparently it was a slow news day as it was picked up by the AP and reported in the Seattle media as well. It now appears that no one is willing to admit who came up with blaming the citizens from Mason County. The story in the Olympian attributes the accusations to the PR person from ORCAA. The PR person from ORCAA attributes the accusation to the Olympia Police Department.

The citizens of Mason County, who have been playing by the rules and strictly following the law, wish these folks would get it together and stop their silly unfounded accusations. It is understandable that the Olympia Police would try to ascertain who might be responsible, but wouldn't it make sense to ask who might do such a thing and who might benefit? Surely the over 50 crowd from Mason County hasn't acted in an unlawful manner. The Mason County opponents to biomass are in the over 50 year old, employed, professional, business and land owning, retired age group. They've hired lawyers and sought to address their concerns through legal means. They certainly do not fit the "vandal" profile. So what's the deal?

We wonder, might the politicians and interested parties be using this as an opportunity to turn this idiocy in their favor like they did before? We have already had unsubstantiated allegations made by a Mason County Commissioner. We understand politics. But everyone should know that shooting from the hip is a dangerous game. Playing fast and loose with accusations is ripe territory for a parody. As such the citizens have some suggestions as to who might actually benefit from the negative PR of some idiot vandalizing the ORCAA offices.

The Citizens want to make a few simple statements. We would NEVER be SO STUPID as to vandalize anything. WE have had our vehicles vandalized and had threats made against us. We don't like it and we would never do it to someone else. We have and will continue to act lawfully through legal protests, government channels and the courts. We DO NOT take our reputations lightly. Accordingly, we provide information and evidence from disinterested expert third parties like the

American Heart Association, the American Lung Association, the United States EPA, the World Health Organization and various medical associations. We have lives, jobs, businesses and reputations to protect. Unlike some of our local politicians, we value our credibility.

So who might benefit from the public relations and playing fast and loose with absurd allegations? We'll leave it to the readers with a little common sense to decide.

Since only ten people attended the protest, if the Olympia Police suspect those who attended, it's a pretty short list. The list might also include other people that might frequent the ORCAA offices. The fast and loose crowd might look into some of these people.

In the interest of humor we suggest the suspicious looking characters pictured above. It looks like they've been playing with glue and those hardhats would protect them from a stray brick.

1 comments

ADAGE option to lease reconsideration hearing

Posted by Citizen

ADAGE OPTION TO LEASE RECONSIDERATION HEARING

Monday December 13, 2010

1:30 pm - 2:30 pm

Location: The Court of Judge Amber Finlay

The Court Clerk recommends calling to confirm date and location.

Superior Court Case #10-2-00843-1

Phone #: 360-427-9670

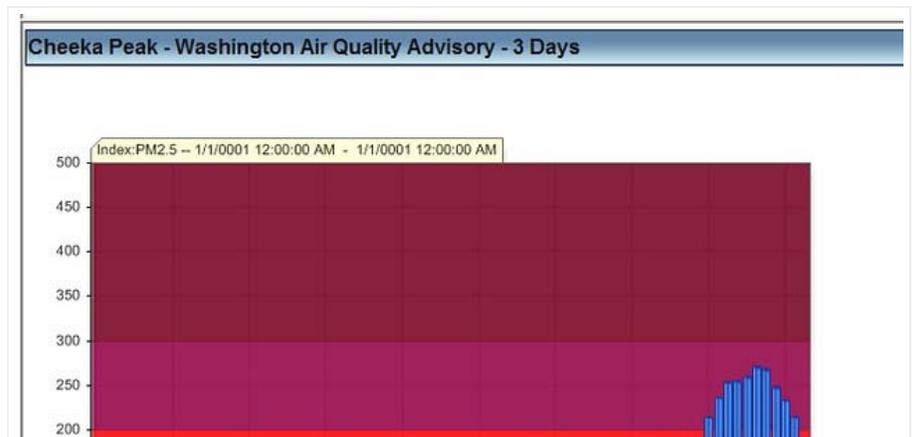
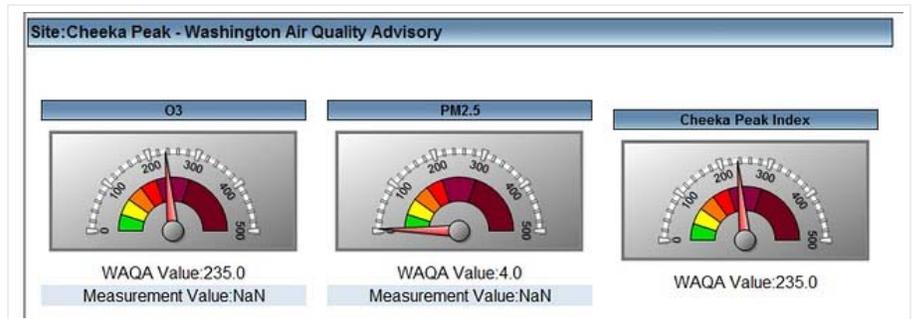
0 comments

FRIDAY, DECEMBER 10, 2010

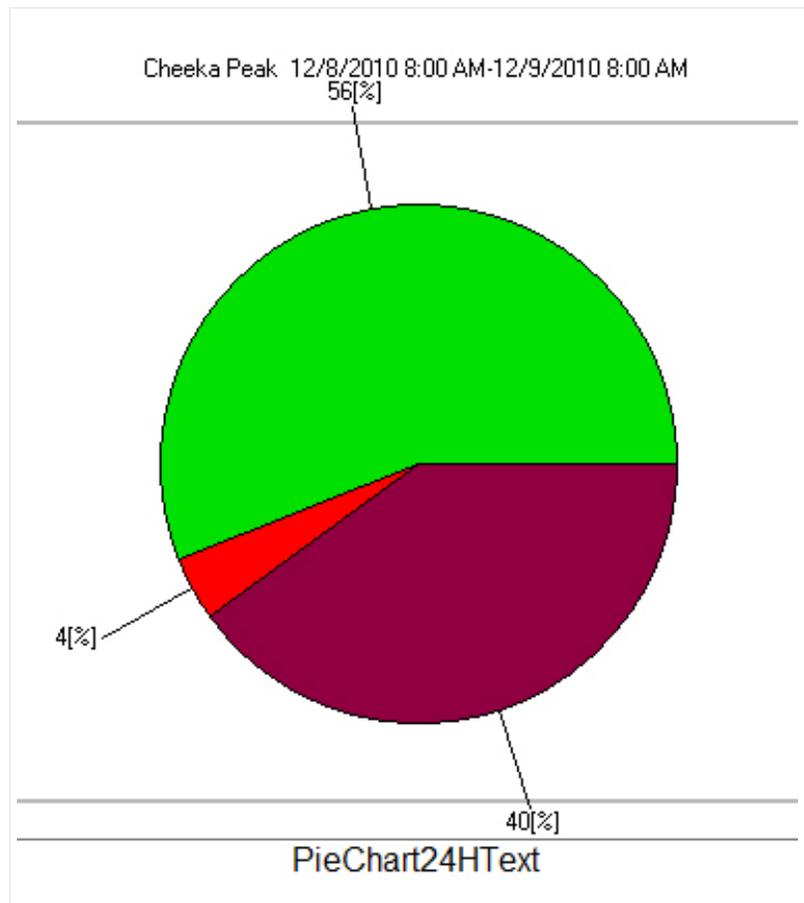
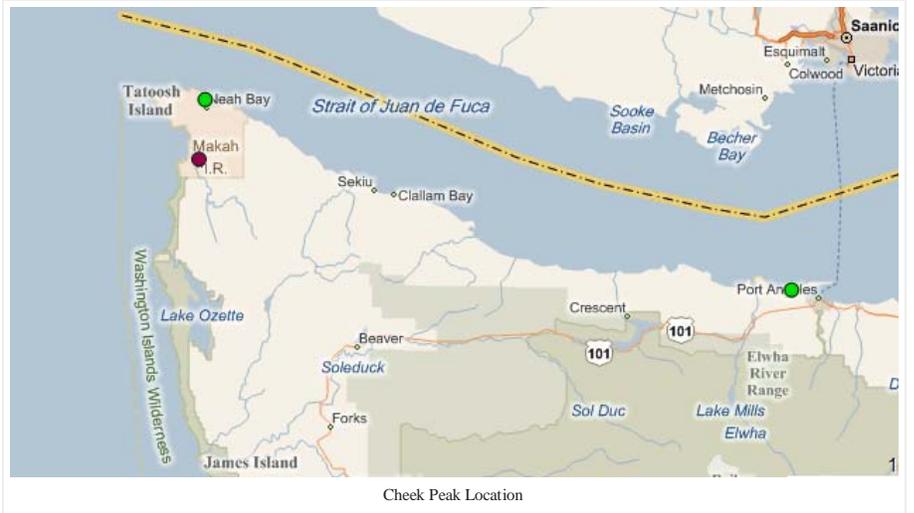
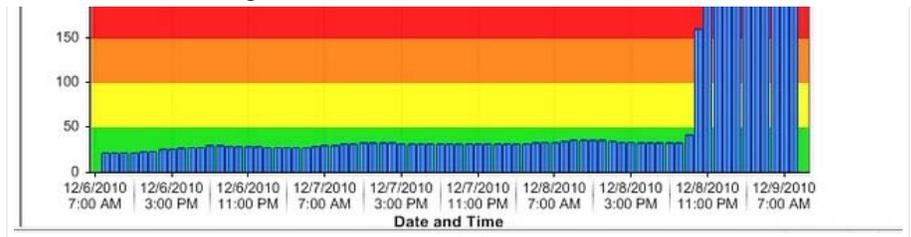
Cheeka Peak Index Goes into the Purple after the Ozone Monitor Broke

Posted by Citizen

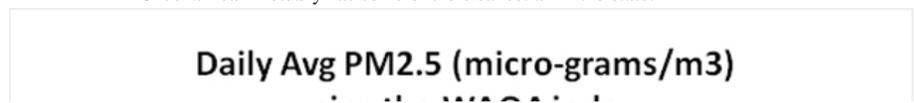
ORCAA said this was a malfunction and took the malfunctioning monitor off line until they can get the new out out there. Cheeka Peak has some of the cleanest air in the state.



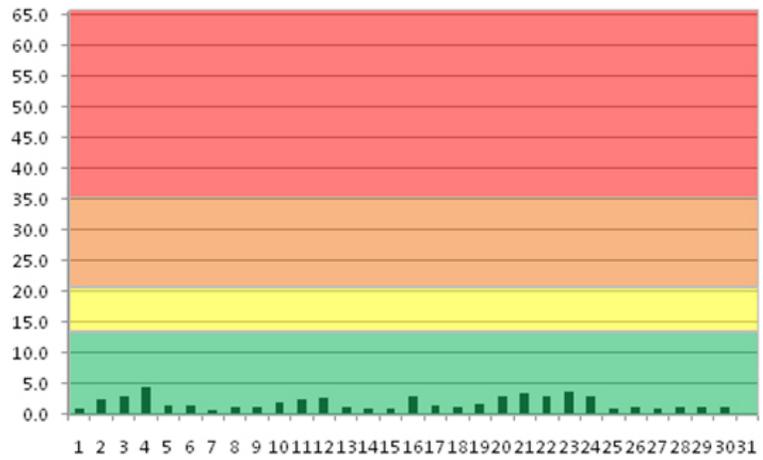
Shelton Blog



Cheeka Peak Actually has some of the cleanest air in the state.

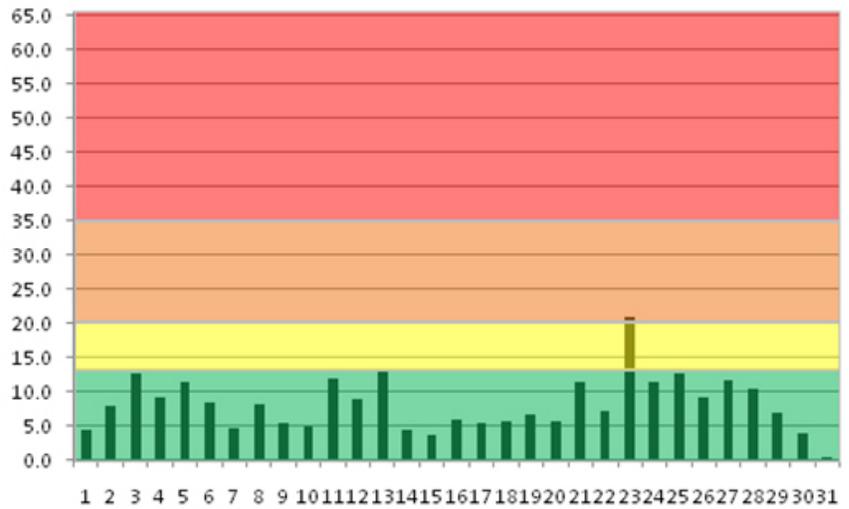


using the WAQA index



Compare this to Shelton

Daily Avg PM2.5 (micro-grams/m3) using the WAQA index



Shelton Average as you see there was no safe time to breath on the 23rd

1 comments

[Home](#)

[Older Posts](#)

[Subscribe to: Posts \(Atom\)](#)

SHELTON BLOG



Shelton Blog

COPYWRITE WARNING

This website and its content are copyright 2010. Any redistribution or reproduction of part or all of the contents in any form is prohibited and punishable by up to **\$25,000** per infringement. You **may not**, except with our express written permission of the individual author of the works in question, distribute or commercially exploit the any content. Nor may you transmit it or store it in any other website or other form of electronic retrieval system without the prior written permission the original author.

All materials, all rights reserved. Simple template. Powered by [Blogger](#).